

Education and degrees

Specialist consultant in endocrinology 2004.

PhD: The somatotropic axis in patients with anorexia nervosa, Odense University 1999.

Medical Doctor, Odense University 1992. (Grade point average 9.7 [00-13]).

High school, Odense 1984 (Grade point average 11.3 [00-13]).

Employment

Since 2006, head of the unit for Clinical Nutrition, Department of Endocrinology. Odense University Hospital.

Pub-Med indexed publications

Total number of publications: 32

Number of first-author publications: 16

i10 index 17

H index 14

Five selected publications

Støving RK, Andries A, Brixen KT, Bilenberg N, Lichtenstein MB, Hørder K. Purging behavior in anorexia nervosa and eating disorder not otherwise specified: A retrospective cohort study. *Psychiatry Res* 2012. PMID: 22410588.

Støving RK, Andries A, Brixen K, Bilenberg N, Hørder K. Gender differences in outcome of eating disorders: a retrospective cohort study. *Psychiatry Res* 2011. PMID: 20826003.

Støving RK, Chen JW, Glinborg D, Brixen K, Flyvbjerg A, Hørder K, Frystyk J. Bioactive insulin-like growth factor (IGF) I and IGF-binding protein-1 in anorexia nervosa. *J Clin Endocrinol Metab*. 2007. PMID: 17389700.

Støving RK, Veldhuis JD, Flyvbjerg A, Vinten J, Hangaard J, Koldkjaer OG, Kristiansen J, Hagen C. Jointly amplified basal and pulsatile growth hormone (GH) secretion and increased process irregularity in women with anorexia nervosa: indirect evidence for disruption of feedback regulation within the GH-insulin-like growth factor I axis. *J Clin Endocrinol Metab*. 1999. PMID: 10372710.

Støving RK, Flyvbjerg A, Frystyk J, Fisker S, Hangaard J, Hansen-Nord M, Hagen C. Low serum levels of free and total insulin-like growth factor I (IGF-I) in patients with anorexia nervosa are not associated with increased IGF-binding protein-3 proteolysis. *J Clin Endocrinol Metab*. 1999. PMID: 10199777.

Book Chapter

Støving RK, Brixen K, Hagen C. Clinical impact of the endocrine alterations in patients with eating disorders: Adaptation or inappropriate response? In: *Eating Disorders. Evidence and experience in Psychiatry*. Volume 6. Ed. Maj M, Halmi K, Lopez-Illbor JJ, Sartorius N. World Psychiatric Association. Wiley. West Sussex PO19 8SQ, England 2003. ISBN 0-470-84865-0.

First-supervisor for three phd students (ongoing projects)

Alin Andries: Cannabinoid CB1 receptor agonist treatment in severe chronic anorexia nervosa: A randomized, placebo-controlled, double-blind, crossover study.

Mia Beck Lichtenstein: Exercise Dependence. A study of prevalence, quality of life, eating disorder symptoms, personality profile and leptin at exercisers with and without symptoms of exercise dependence.

Laura Vad Winkler: Funen Anorexia Nervosa Study. A follow up study of outcome, quality of life, mortality and body composition and menstrual cycle function.

First-supervisor in 10 pregraduate theses.